

Learning from Failure

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*"People are training for success when they should be training for failure.
Failure is far more common than success."* – J. Wallace Hamilton

Watch this video first:

https://www.ted.com/talks/michele_l_sullivan_asking_for_help_is_a_strength_not_a_weakness

1. Think about a time when you failed at something. Briefly describe it here:

My freshman year of college, I took an introductory English course. A major part of this course was writing a research paper. As a precursor to the final paper, I was tasked with writing an annotated bibliography. I did not know how to write an annotated bibliography or how to cite the sources in the format my professor wanted. I did not pass the assignment.

2. How did you respond to the failure?

Upon receiving my grade, I was upset. I reached out to my professor for guidance on how to cite the sources and improve future annotated bibliographies. She was able to help me and I was able to do well on the final research paper.

3. What did you learn from this failure?

From this failure, I learned to reach out for help and to not be afraid to admit when I am unable to do something.

4. Who or what motivates you to keep trying if you have failed?

I am motivated to keep trying if I have failed by my dreams in life. In school especially, I am motivated to continue to work hard because I want to graduate and become a pharmacist to help and serve others.